

Kromboom Kronicle

Newsletter of the Rotary Club of Kromboom



The club building bridges of friendship

Twinned with the Rotary Club of New Malden



PO Box 246, Rondebosch, 7701
Cape Town, South Africa.

Rotary Opens Opportunities

President: Steve Theron

Secretary: Rod Palmer

Editor: Gavin Smith

21 April 2021

April is Maternal & Child health month

Meeting report: 7 April 2021:

MC:	Gavin
4-Way Test:	Everyone
Attendance & welcoming:	Alan
- <i>Members:</i>	9
- <i>Apologies:</i>	1
- <i>Partners & guests:</i>	9

PP Victor Crouser & Myrna Sachs (guest presenters);
Pres. Diedre Crouser (Century City RC); AG Jenny
Howard; PDG Michael Johnson; PP John Connah
(Plymouth RC) & Margreet; Jane T & Linelle M

After the MC's meeting opening remarks, a choral 4-Way Test and the Attendance/Welcome from Alan, Pres. Steve called for spots.

First up was AG Jenny giving some clarity on what is in the container en route from overseas and due to dock in CT on 26 April. Plans are in place for clubs who have come on board to pick up their allocated items from Smit Marine shortly afterwards. Given our need for football equipment for WRM, once we have certified that what is on offer will be suitable, the club will subscribe to the project with the payment due.

Pres. Steve, after giving some consideration to Rod's proposal, backed it as a submission for a District Grant. The club members concurred, and we thank Rod for the effort and foresight shown to bring the situation of Jim se Bos in Philippi into focus for us once again.

Thereafter, he switched from *business* into *social* meeting mode by saying how delighted we were to have Victor and Myrna with us that evening. He then called on Janet for her official welcome and introduction, which she did with aplomb.

Victor, in turn, introduced Myrna Sachs, a colleague at Alexander Forbes who heads up their health management solutions division in the Western Cape which focuses on policies and safety issues, amongst others, in businesses.

Their professional presentation covering numerous facets of the Covid-19 vaccine rollout was shared seamlessly between them.

A major problem in SA is the 'folklore' aspect of the vaccine. Rumours of it being unsafe, that it would change one's DNA, that it contained a microchip that would be injected with it, to the belief that the 5G network was Covid's route cause, sadly abound. She does her best to dispel these myths.

The 'facts' are that it is a government driven programme, and no individuals or businesses can procure vaccines separately. A profound awareness campaign will begin on 6 May and, even though members of medical aid societies will have their information submitted centrally, Victor suggested we enrol on the EVDS site anyway.



They covered information on the vaccines themselves as applicable to us so far (Johnson & Johnson and Pfizer products), their roll-out plan first to healthcare workers then those over 60 etc. Victor said it would then be advisable to be vaccinated every year until such time as it settles into a 'common cold'-type virus. The vaccine will prevent 'severe' Covid and hospitalisation but may not be a complete barrier.

Putting matters into context, Victor mentioned that some 20 000 people die of flu complications in the UK every year.

The question of sites for vaccine administration, targeting 250 000 to 300 000 dose deliveries per day, raised some concerns particularly from Pres. Steve who shared some of the chaos he has experienced with the current annual flu vaccine programme underway at his pharmacy.

In terms of 'funding,' the vaccine programme is free to everyone whether on medical aid or not. Medical aid members have this covered as a Prescribed Medical Benefit (PMB) and all aspects are taken care of.

After Pres, Steve reiterated that he was pretty unconvinced we would get the process smoothly in place, he called on Alan for our official thanks. Alan, in turn, expressed our real gratitude for the fine presentation of facts by both Myrna and Victor – voicing what I am sure we all felt.

Questions arose regarding volunteer services and, according to Victor, this is being considered. John, in the UK said how they went through aspects of the process via five people before getting to the vaccination spot. It is this level of administrative backup that will determine the rollout effectiveness.

Pres. Steve suggested Rotary gets involved, in similar fashion to the Rotary Family Health Day programme.

Jean-Claude read aspects of the Object of Rotary in both French and Swahili, to confuse us all, before the meeting drew to a close at 7.15pm.

Birthdays:

21 April: Steve
2 May: Sally
15 May: Alan

Anniversaries:

None

Advance Notice: Invitation to join us on Wednesday 2 June:



We are delighted to invite all our Kronicle readers, Rotarians, and friends to join our club Zoom meeting on 2 June from 6.00pm SA time. Our presenter, Lois Strachan, is a bestselling author, motivational speaker, disability advocate, blogger, podcaster, and sometime rock musician. And she is totally blind.

The title of her presentation is: '**A different way of seeing**' - where she asks whether we have ever wondered how a blind person pours a cup of coffee? Or how they and their guide dog safely cross a busy road?

When Lois lost her sight at the age of 21, she had to learn the answers to these and countless other questions about living as a blind woman in a sighted world. Along the way, she learned the skill of resilience and the ability to adjust to whatever life placed in her way.

Since losing her sight, Lois has realised that people who have little direct contact with a person with a disability often struggle to understand the tools and techniques that the disabled community can access. As a result, people think it is hard, or impossible, for someone with a disability to live an independent life.

Lois' book, "**A Different Way of Seeing: A Blind Woman's Journey of Living an Ordinary Life in an Extraordinary Way**" answers the questions that people may have, but have been hesitant to ask, about visual impairment and ability, told in an often, light-hearted way characteristic of Lois' perspective of life.

In her presentation, Lois will share a little of her personal story and answer some of the questions you may have, as well as sharing strategies to stay on track when confronting unexpected change.

More about the Presenter:

Lois' purpose is to help others overcome the challenges they face in their professional and personal lives. As a motivational speaker she uses her personal story to teach audiences techniques to become resilient and manage change. She also uses her platforms to demystify the world of the disabled and break down the pre-conceptions that hinder inclusion of persons with disabilities into society and the workplace.

Lois achieved a Bachelor of Arts and an Honours degree from the University of KwaZulu-Natal, is a Distinguished Toastmaster, a certified coach, and is a Past President of the Cape Chapter of the Professional Speakers Association of Southern Africa and a Past District Governor of the Southern African district of Toastmasters International.

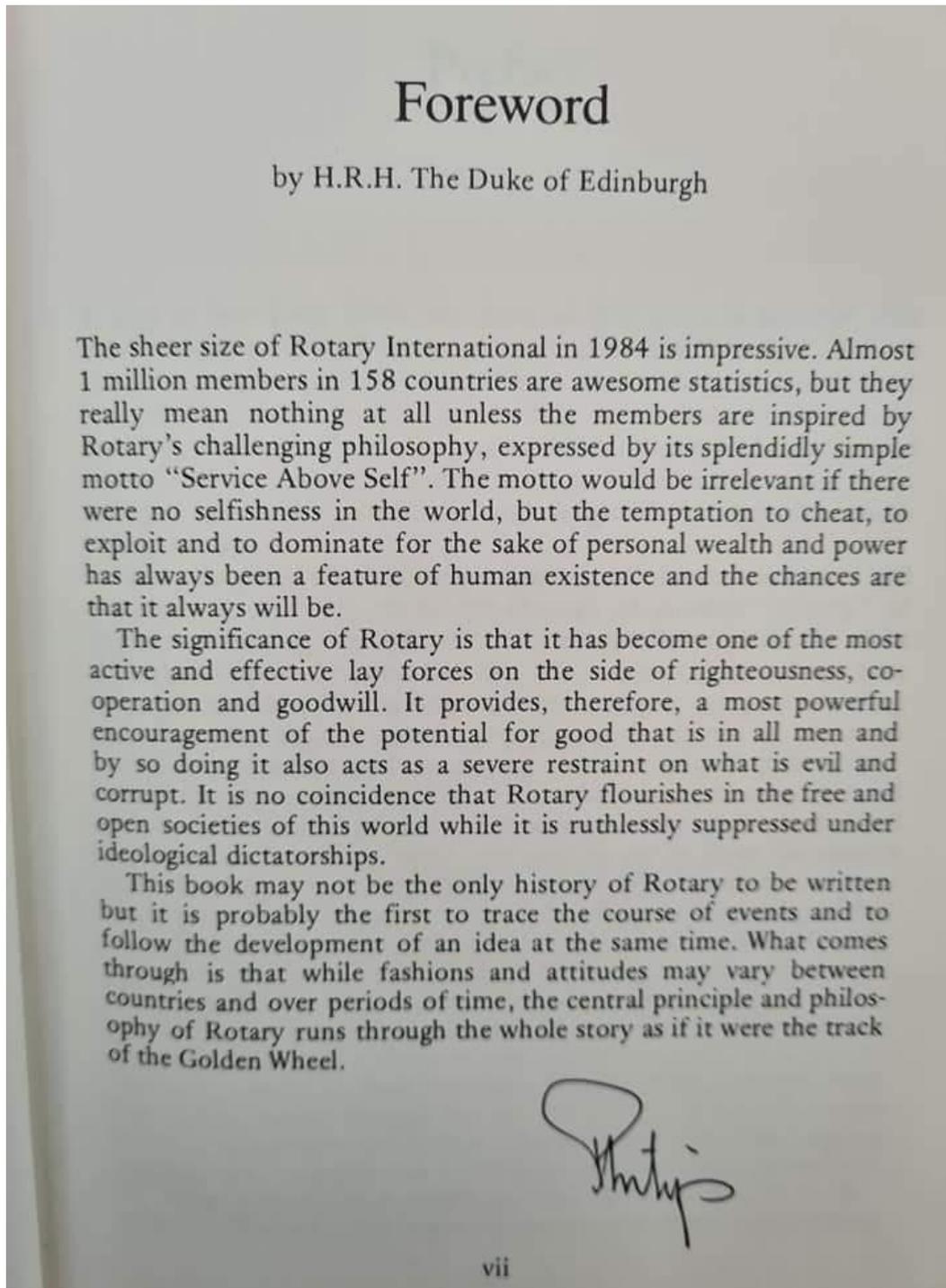
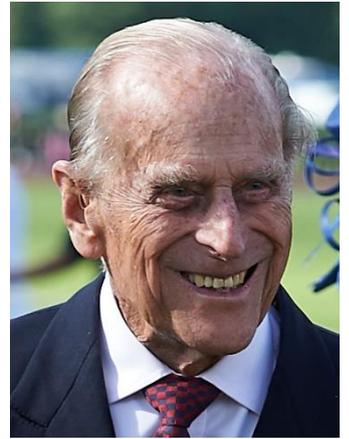
This is a talk not to be missed. If you are not on my usual Zoom link e-mail list and wish to attend, please send an e-mail request to gavinpsmith1@outlook.com



Death of Prince Philip, Duke of Edinburgh:

Sad news of Prince Philip's death, just a month before turning 100, was made known on 9 April and marks the end of an era in the British monarchy.

He was a colourful man, a loyal support to Queen Elizabeth and one with strong Rotary ties – he had been an Honorary Member of the Edinburgh Rotary Club in Scotland since 1952 and a great friend to all Rotarians, as this foreword in the 1984 history of Rotary book entitled "The Golden Wheel" by David Shelley Nichol illustrates:



RIP, Prince Philip. Due thanks to Alan for the article.

Kind response from Isabel:

Dear President Steve, members of RC Kromboom and former RLL colleagues

Yesterday I was treated to a delicious lunch and champagne at Kelvin Club and Jean-Claude presented my Paul Harris Award to me again, this time with the actual physical pin and certificate.



I am absolutely blown away by the honour that you all bestowed on me. I will have to work really hard on “*furthering better understanding and friendly relations amongst peoples of the world*” in future so that I will begin to feel that I have deserved this very prestigious award.

Many, many thanks again - I am very grateful and proud.

All the best for RC Kromboom in the years to come.

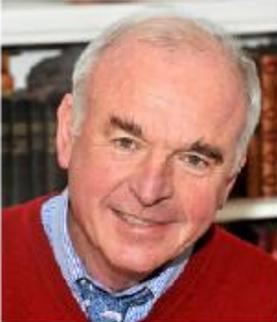
Regards
Isabel

Thank YOU, Isabel, from all of us – a most worthy award recipient. Ed.

Another speaker opportunity:

15 APRIL 2021

HELDERBERG SUNRISE
ONLINE EVENT **18:30**



Clem Sunter: BEYOND 2021 - The World & South Africa - Latest Flags, Scenarios & Probabilities

The two main scenarios Clem will be talking about are 'The gilded cage' (do we remain a divided planet) or a 'Friendly planet' (joining together to ensure a better future). He will also be talking about the 'Economic Crossroad' that SA faces, as to whether those responsible take the 'high road or low road'.

Mr Sunter is dually known for his book, *The Mind of a Fox*, which indicated the terrorist attacks on US soil on September 11, 2001.

BOOK NOW **R100**

Notice from Pres. Angela of Melkbos RC:

Next Beach Clean-up (location to be confirmed) : 19-24 April 2021

Should you require more information, please contact Elzette Krynauw here:

elzette.krynauw@capetown.gov.za



Rotary information:

Resolutions to be considered by the Rotary Conference on 1 May 2021

At the virtual Conference in May resolutions that can shape the way our District is run and the policies it follows will be considered and debated. **All clubs in the District are encouraged to submit resolutions on issues of concern, to the Rotary District Services Centre, e-mail to dist9350@iafrica.com to reach us by 28 April 2021.** District committees are also welcome to submit resolutions for consideration.

When considering submitting a resolution for conference, please keep the following in mind:

- Put the proposed resolution to a regular club meeting (or District Committee) for adoption.
- If adopted forward the resolution to the Rotary District Services Centre with a covering endorsement by your President or Secretary certifying that it has been adopted.
- When drafting a resolution, it is preferable to keep it simple and to handle only one subject per resolution. Resolutions covering multiple subjects or requiring multiple solutions are confusing. It is better to have two or three resolutions pertaining to a subject than to try to cover all bases in a single resolution.

Duty Roster				
	21 April	28 April	5 May	12 May
Administrator/ meeting host	Pres. Steve	Pres. Steve	Gavin	
Four Way Test	everyone		everyone	
Attendance & Welcoming	Gloria		Graham	
Speaker Introduction	Business	Board	Social	No meeting
Speaker Thanks & Report	Meeting	Meeting	meeting	
Object of Rotary	Rod		Joolz	
SJMC Interact Meeting Rep	On hold		On hold	
Meeting Scribe	Rod	Rod	Gavin	

Duty Roster				
	19 May	26 May	2 June	9 June
Administrator/ meeting host	Gavin	Pres. Steve	Gavin	
Four Way Test	everyone		everyone	
Attendance & Welcoming	Alan		David	
Speaker Introduction	Business	Board	Gavin	No meeting
Speaker Thanks & Report	Meeting	Meeting	Gloria	
Object of Rotary	Janet		Jean-Claude	
SJMC Interact Meeting Rep	On hold		On hold	
Meeting Scribe	Gavin/Rod	Rod	Gavin	

Gavin, or a temporary substitute, will e-mail the Zoom link plus ID & Password prior to each meeting.

Kindly let me know in advance if you are unable to attend a particular session (gavinpsmith1@outlook.com)

Speaker report (from speaker 'thanker') to above e-mail by the Friday after the meeting.

Club Diary & Events

Sat 17 April

District 9350 Assembly (online)

~~Wed 21 April~~

~~Business meeting. Meeting cancelled~~

Wed 28 April

Board meeting – Zoom link to be sent by Pres. Steve.

Sat 1 May

District 9350 Conference (online)

Wed 5 May

Social meeting with possible guest speaker tba.

Wed 12 May

No meeting

Wed 19 May

Business meeting

Sat 22 May

District Environmental Seminar (postponed from 13 March)

Wed 26 May

Board meeting

Wed 2 June

Social meeting with guest speaker Lois Strachan on '**A different way of seeing.**' Information on this amazing person is included on P3. A presentation not to be missed but shared with others too.

Wed 9 June

No meeting

Wed 16 June

Business meeting

Wed 23 June

Board meeting

Wed 30 June

Possible partners supper evening 'somewhere'

Note: All online Zoom meetings will commence at 6.00pm & login information will be e-mailed in advance.

Birthdays:

21 April: Jane

2 May: Sally

15 May: Alan

Anniversaries:

None

Tailpiece:



PS: Kronicle editor will be offline for a few weeks from 18 April.